

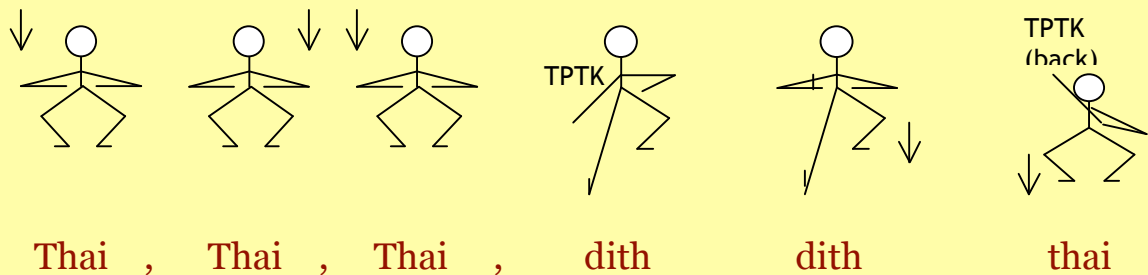
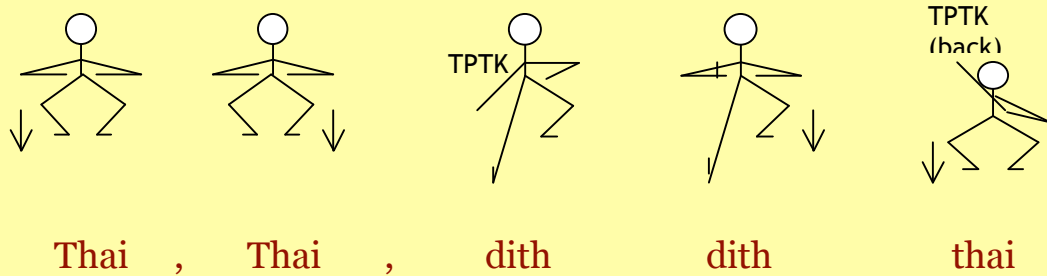
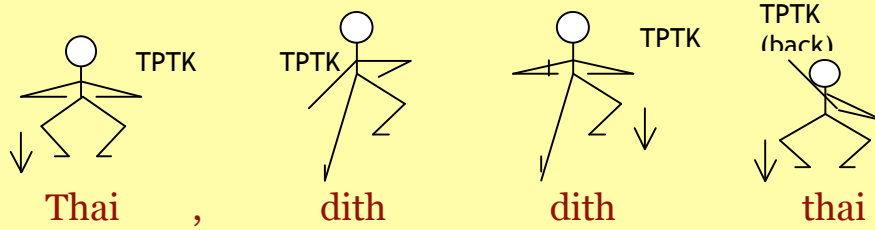
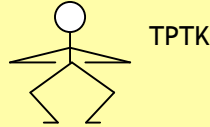
Basic Adavus of Bharatanatyam

Theermana adavu

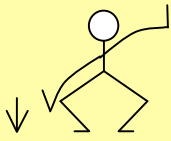
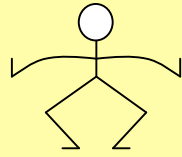
Syllables: *Thai - dith dith thai (or) Kitathaka tharikitathom*

TPTK – Tripataakam; KTKM – Katakamukham; ALPD - Alapadmam

1) Starting position



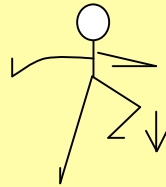
2) Starting position



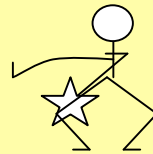
Kita thaka



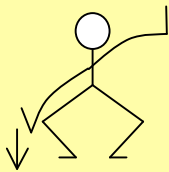
thari



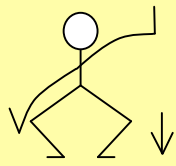
kita



thom



Tha,



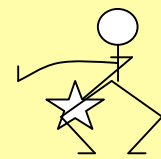
kita thaka



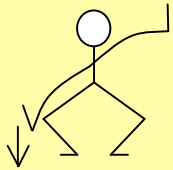
thari



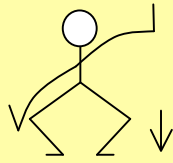
kita



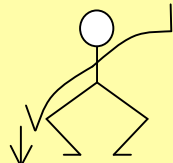
thom



Thaka



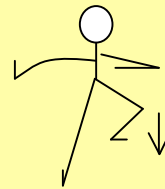
dhikku



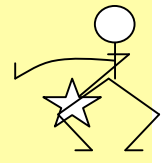
kita thaka



thari



kita



thom