

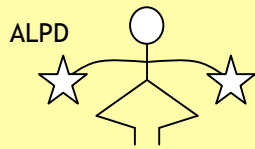
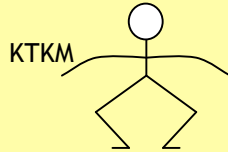
Basic Adavus of Bharatanatyam

Kuditha mettu adavu

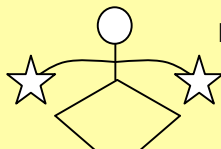
Syllables: *Thai ha Thai hi*

PTK – Pataakam; KTKM – Katakamukham; ALPD - Alapadmam

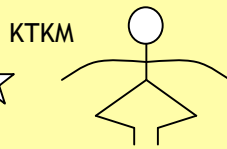
1) Starting position



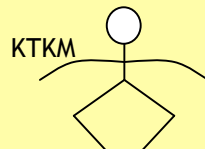
Thai



ha

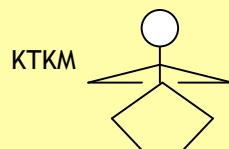
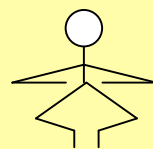
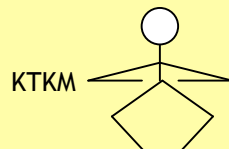
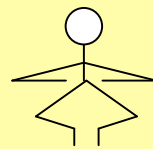
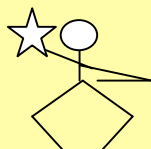
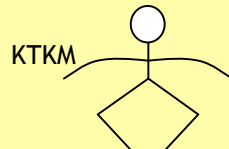
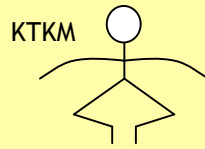
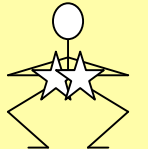


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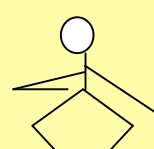
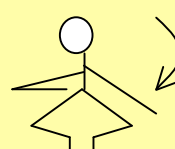
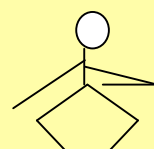
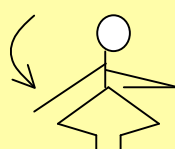
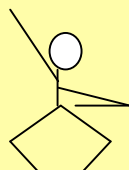
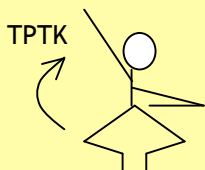


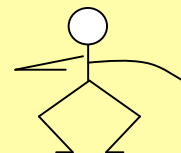
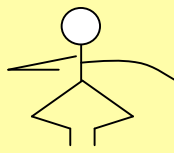
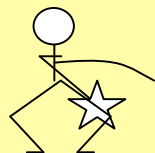
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Twice

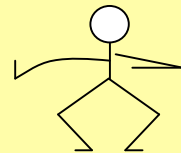
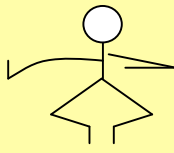
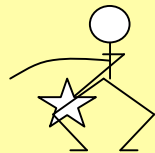


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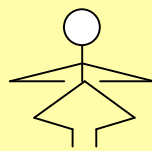




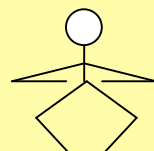
- Twice



- Twice



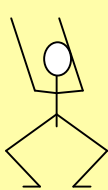
KTKM



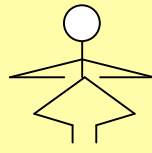
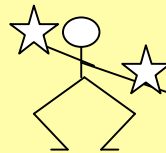
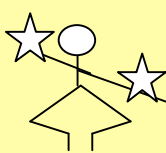
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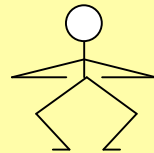
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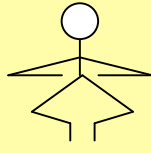
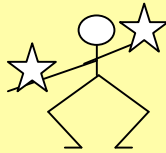
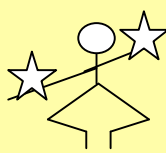
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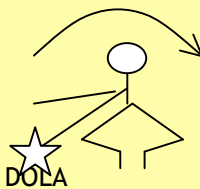
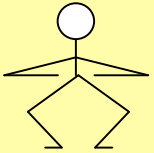
KTKM



Twice

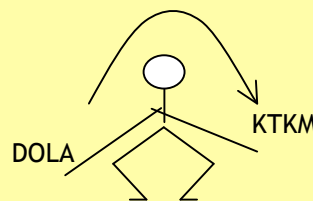


KTKM



DOLA

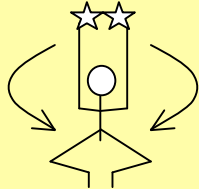
Alternate ALPD and KTKM



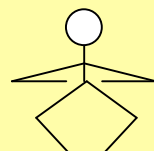
DOLA

KTKM

repeat on left



Alternate ALPD and KTKM



Twice