

## Basic Adavus of Bharatanatyam

### Jarkadavu

Syllables: *Thai ya Thai hi*

*PTK – Pataakam; KTKM – Katakamukham; ALPD – Alapadmam,*

*MGS – Mrigasheersham; ARDC - Ardachandram*

#### 1) Starting position

PTK

PTK (face up)

lift and place right foot to side

Thai

PTK (face up)

lift and place left foot to side

ya

PTK (face up)

thai

PTK (face down)

hi

Repeat on left

KTKM

ALPD

forward

Thai

KTKM

ALPD

forward

ya

KTKM

ALPD

forward

thai

KTKM

ALPD

forward

hi

Repeat on left

ALPD

lift and place right foot to side

Thai

ALPD

lift and place left foot to side

ya

ALPD

lift and place right foot to side

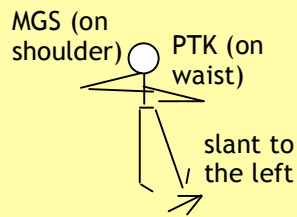
thai

ALPD

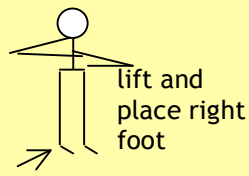
lift and place left foot to side

hi

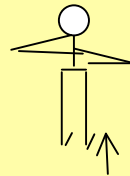
Repeat on left



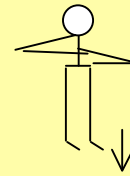
Thai



ya

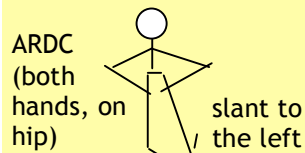


thai

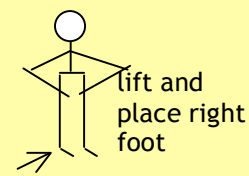


hi

Repeat on right



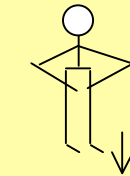
Thai



ya



thai



hi

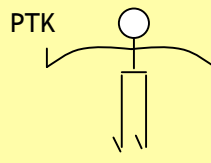
Repeat on right



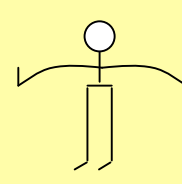
Thai



ya

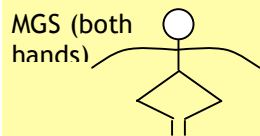


thai

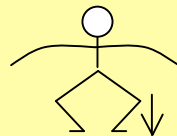


hi

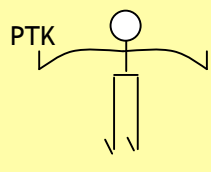
Repeat on left



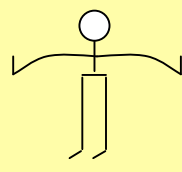
Thai



ha



thai



hi

Twice